

# West Running Brook Middle School

## Friday Focus

From Mrs. Saucier, Principal  
wrb.sau10.org

Friday, May 26, 2017

**Reach for the STARS!**

### Memorial Day



We will always remember.

Attention WRB Volunteers!

Volunteer Appreciation Breakfast  
June 2 8:00-9:00 am  
WRB Cafeteria



WRB is forever grateful for your kindness and dedication! We would like to show our appreciation for all you have done for our staff and students. We hope you can join us!

## Congratulations to our librarian

### Stefania Metalious

## DEA Teacher of the Year!

# Spring Sports Awards

June 8  
6:00pm



Beginning in August, 2017, physicals will be required annually to play sports at West Running Brook Middle School.



## WRB PTSA

**Golf Tournament - Friday, August 11th at Overlook Golf Course, Hollis, NH**

While we are organizing this with Hood, any money WRB raises through sponsorship or golfers stays at WRB!!!!

Do you own or know of a business that would be a sponsor???

Do you golf????

We need sponsors, golfers, and volunteers to help with this huge event!!!

Brochure and letter with more info is on the WRB website

Thank you to everyone for your help!!!!

Happy Spring

### Morning Homework Club

6:30-7:00 am

Tuesdays, Wednesdays, Thursdays and Fridays in our library



### Breakfast

Breakfast is available each morning. Students are released from the bus at 7:15. At that time, they may stop by the cafeteria, purchase their breakfast and bring it up to their advisory to eat. Another option is to check in with the advisor first to make sure they are not marked absent before going to the cafeteria.

If students are absent from school,  
they may not attend any afternoon or evening activity including  
games, concerts, and/or dances.  
Thank you for your cooperation!

Get ready!  
The Derry Middle Schools Annual Golf Tournament  
Overlook Golf Club, Hollis, NH  
Friday, August 11, 2017

Needed: Golfers, Volunteers, and Sponsors



Sponsored by the Gilbert H. Hood and West Running Brook PTSA

Did you know...  
Large items such as instruments or sports equipment  
cannot be brought to school on the bus.  
Thanks for your cooperation.

### Attendance and Tardiness

Please read the attendance policy on our website.  
Absence notes must be sent to school each time your  
child is ill. Excused absences due to family vacations  
must be approved by Mrs. Saucier before the trip.  
Tardies will only be excused with a medical note. All other  
excuses such as car trouble, traffic, oversleeping, etc. will  
be considered unexcused.

### Walkers

Students who walk to school are also expected to arrive  
at school in a timely fashion – before 7:20 am. Walkers  
should enter the school from 7:00-7:15 am.

### Did your child forget something?

If you need to drop something off, students need to come to the office. We should not call students to the office and interrupt learning. We will do our best to give students the items they forget during their lunch period. Students may come to the office between classes to get the item that forgot if they know you are bringing the items to school.  
Thank you for your cooperation.

From Cathy Thomopoulos, School Nurse

Concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and other recreational activities.

According to the CDC each year hundreds of thousands of K-12 students sustain a concussion as a result of injuries from activities that may or may not be sports related. A concussion is a type of traumatic brain injury (TBI) that results from a bump, blow, or jolt to the head (or by a hit to the body) that causes the head and brain to move rapidly back and forth. This sudden movement can cause the brain to bounce around or twist in the skull, stretching and damaging the brain cells and creating chemical changes in the brain. Signs and symptoms of concussion generally show up soon after the injury. However, a concussion is an evolving injury. The full effect of the injury may not be noticeable at first and some symptoms may not show up for hours or days.

**It is very important that if your child has been diagnosed with a concussion that you report this to the school nurse before his/ her return to school.** We are mindful that the concussion may affect the student's ability to learn. Concussions affect people differently. Most students will have symptoms that last for a few days or a week and recover quickly and fully. A more serious concussion can last for weeks, months or even longer. We want to make sure that in the event of a concussion your child is supported and is able to maintain his/her academic responsibilities while recovering. Please be sure to keep us informed in the event this ever happens to your child.



### Morning Drop Off

Please make sure that you drop off your child before 7:20 am so that your child will not be marked tardy. Students may be dropped off as early as 6:30 am and they may wait in the cafeteria. If parents wait until after 7:00 am to drop off their children, there will be a backup of cars. That could make your child late. 50% of our students are dropped off in the morning. You might want to consider sending your child on the bus. Please plan your morning so that you can have your child at school on time. Let's work together to have all students arrive on time! If all parents would move to the front of the line before dropping off students, more cars can get through the line allowing for more students to get in the school before 7:20 am. Thank you!

Congratulations to Mr. Justin Krieger, West Running Brook's new Principal!  
He will officially begin on July 1, 2017! Stay tuned!



I will be retiring on June 30.

# West Running Brook's Goals 2016-2017

## Reach for the STARS!

- S STUDY every night. Practice. Plan ahead. Read, read, read.
- T TRY to do your best every day! Achieve mental toughness!
- A ACHIEVE your goals! Write down your goals. Never stop trying.
- R RESPECT everyone, including yourself. Be considerate. Be sensitive.
- S SUCCEED with perseverance and grit. Never, ever give up!



West Running Brook students are the best!  
West Running Brook staff is tremendous!  
West Running Brook parents and guardians are top notch!



**Derry Cooperative School District  
18 So. Main St.  
Derry, NH 03038**

**NOTICE OF NONDISCRIMINATION**

The Derry Cooperative School District does not discriminate on the basis of race, color, national origin, age, sex, or disability in admission to, access to, treatment in, or employment in its programs and activities.

Any student, parent on behalf of their child, or employee who believes that he or she has a disability and thinks that accommodations are necessary to afford an equal opportunity for success, should contact their school Section 504 coordinator listed below for further information.

The following administrators have been designated to handle inquiries regarding the nondiscrimination policies:

|                                   |                               |          |
|-----------------------------------|-------------------------------|----------|
| Derry Village School              | Christopher Hunt              | 432-1233 |
| East Derry Elementary School      | Andrew Chouinard              | 432-1260 |
| Ernest P. Barka Elementary School | David Brown                   | 434-2430 |
| Grinnell Elementary School        | Caroline Sindoni              | 432-1238 |
| South Range School                | Michelle Cremona              | 432-1219 |
| Gilbert H. Hood Middle School     | William Fox/Melissa Lantz     | 432-1224 |
| West Running Brook Middle School  | Lorrie Belinsky/Mitch Edwards | 432-1250 |
| District-Wide Coordinator         | Lisa Long                     | 432-1210 |

Inquiries concerning the application of nondiscrimination policies may also be referred to the Regional Director, Office for Civil Rights, U.S. Department of Education, Office of Civil Rights, 5 Post Office Square, Eighth Floor, Boston. MA 02109 .

## Eighth Grade Important Information

*8th Grade*

**Eighth grade verification sheets for Pinkerton Academy were sent home in April**

|              |   |
|--------------|---|
| April 13     | End of the Year Letter mailed home.   |
| April 13     | Pinkerton Academy Course Verification to Middle Schools to be distributed to students           |
| April 13     | Next Charter School (Derry's Early Release Day) See Next Charter School in action! 12:00-3:00pm |
| May 10       | Next Charter School Information Night for Parents and Students 6:30-7:30pm                      |
| June 13 (14) | Canobie Lake  |
| June 15      | Eighth Grade Dance 6:00-8:00pm  |
| June 16      | Breakfast 8:00; Awards 9:00; Promotion 3:30 at Pinkerton  |
| August 8     | Pinkerton Academy Freshmen Field Day  |
| August 29    | Pinkerton Academy Freshmen Orientation Day  |
| August 29    | Pinkerton Academy Freshmen Parents' Information Night   |
| August 30    | Pinkerton Academy Opening Day   |

## Calendar

|              |  |
|--------------|--|
| May 29       | Memorial Day Parade 11:00am; No school                                       |
| June 1       | Rotary Student of the Year Luncheon 12:00pm                                  |
| June 2       | Volunteer Appreciation Breakfast 8:00-9:00am                                 |
| June 6       | PACE LA Poetry Cafe; Sports Awards 6:00pm                                    |
| June 9       | School Cookout for students and staff (Free!)                                |
| June 10      | Jr. Solar Sprint Competition at GHH  |
| June 12      | Kona Ice for all students and staff! (Free!)                                 |
| June 13 (14) | 8th Grade Canobie Lake field trip (raindate)                                 |
| June 15      | 8th Grade Dance 6:00-8:00pm  |
| June 16      | 8th Grade Breakfast 8:00am; 8th Grade Awards 9:00am;<br>Promotion at PA 3:30 |
| June 19      | Move Up Day; Last Day of School  |
| June 20      | First Day of Summer Vacation!  |
| August 29    | 6th Grade Orientation  |
| August 30    | First Day of School!   |

Raise your hand if you think WRB's got the best kids!!



## West Running Brook Clubs and Activities 2016-2017

| Club/Activity            | Description   | Location   | Advisor   |
|--------------------------|---|------------|---|
| Ski/Snowboard Club       | <p>Packets available in early October. On-line registration with Pat's Peak and due on November 15, 2016. Consent and Indemnity form, bus fee, and contract due to club advisors. It begins January 4. Students on the WRB basketball team, cheer team, and/or drama club cannot participate due to scheduling conflicts.</p>   | Pat's Peak | <p>Ms. Dupont<br/>bdupont@sau10.org</p> <p>Ms. Marraffa<br/>kmarraffa@sau10.org</p> |
| Glee Club & Select Choir | <p>These two fun after-school singing groups meet with Mr. Leister. Glee Club performs more pop-style music while Select Choir performs more challenging songs. You do not have to be in chorus to audition. Auditions are 9/27 and 9/29. See Mr. Leister (Room 121) for an information sheet.</p> <p>2:00-2:30 pm Glee Club<br/>2:30-3:00 pm Select Choir</p>  | Room 121   | Mr. Leister<br>bleister@sau10.org   |
| Drama                    | <p style="text-align: center;">Guys and Dolls</p> <p>We are looking for students who love to act, sing, and dance while working together as a "dramatic" family. Auditions for the cast will take place October 4 and 5, but students interested in the crew should look for announcements starting in December. Practices W-F 2:00-3:30 pm. Due to time restraints, cast members cannot be a member of the Ski Club or participate in a winter sport at WRB.</p> | Room 121   | <p>Ms. Ciarla<br/>jciarla@sau10.org</p> <p>Mr. Leister<br/>bleister@sau10.org</p>   |
| Kids Care Club           | <p>This club focuses on doing great things for our community. We start in September and meet all year. Days vary. At the end of each meeting, the next meeting will be scheduled and will also be</p>   | Room 143   | <p>Ms. Dupont<br/>bdupont@sau10.org</p> <p>Ms. Marraffa<br/>kmarraffa@sau10.org</p> |



|                         |  |          |  |
|-------------------------|--|----------|--|
|                         | announced during morning announcements.<br>2:00-2:45 pm  |          |  |
| Homework Club           | Come and study in a quiet place after school. M-TH 2:00-3:00 pm  | Library  | Ms. Economu<br>meconomu@sau10.org  |
| Travel Club             | Eighth Graders only!<br>Behavior and academic contract needs to be signed by parents and students.<br>Look for additional information coming soon in the Friday Focus.   | Room 242 | Ms. Whitney<br>hwhitney@sau10.org  |
| NJHS                    | NJHS is a leadership and service organization. Criteria for selection of students are based on grades and community service. The selection process begins at the beginning of the third trimester.   | Room 134 | Ms. Thomas<br>pthomas@sau10.org<br><br>Ms. Carr<br>scarr@sau10.org       |
| Stock Market Club       | At the first meeting on October 4, we will discuss the schedule and show participants how they will compete using a virtual account of \$100,000.00 for investment.<br>2:00-2:30 pm<br>Session I Oct. thru Dec.<br>Session II Feb. thru Apr. | Room 236 | Ms. Carson<br>acarson@sau10.org<br><br>Mr. Boucher<br>dboucher@sau10.org |
| Intramural Volleyball   | Open to all students. Sign up with Ms. Merchant. February thru March: 5-6 weeks on scheduled days, 2:00-3:15 pm  | Gym      | Ms. Merchant<br>cmerchant@sau10.org                                      |
| Intramural Floor Hockey | Open to all students. Sign up with Ms. Merchant. March thru April: 5 weeks on scheduled days, 2:00-3:15 pm   | Gym      | Ms. Merchant<br>cmerchant@sau10.org                                      |
| Intramural Basketball   | Open to all students. Sign up with Mr. Bruns. April thru May: 5 weeks on scheduled days, 2:00-3:15 pm  | Gym      | Mr. Bruns<br>jbruns@sau10.org  |

|                       |  |          |  |
|-----------------------|--|----------|--|
|                       |  |          |  |
| Art                   | Begins after Thanksgiving!<br>Tuesdays 2:00-3:30 pm  | Room 123 | Mr. Rattigan<br>krattigan@sau10.org                                    |
| Jazz Band             | This club is for students currently in band. Thursdays 2:00-3:00 pm<br>No audition is required unless you are a drummer.   | Stage    | Ms. Lalos<br>jlalos@sau10.org  |
| Student Council       | Four students from each team are elected as Student Council Representatives.<br>Community service is highlighted throughout the year including volunteering at the soup kitchen, planning Spirit Week, and much more!  | Room 235 | Ms. Herlihy<br>eherlihy@sau10.org<br><br>Ms. Silva<br>dsilva@sau10.org |
| Oratorical Club       | Come join us each week starting Wed. October 12 in Room 236 to work on the extraordinary valuable skill of public speaking and informing an audience. It is optional for members of this club to work toward, and be eligible to participate in the West Running Brook Junior Oratorical Contest. Winning participants at the school level will also have the opportunity to pursue the American Legion regional and state contests in the Spring. | Room 236 | Ms. Crompton<br>mcrompton@sau10.org                                    |
| Mad Science A-Z       | This club is for students who enjoy doing fun experiments. Each month we will explore topics that begin with letters of the alphabet. Open to all students. Open enrollment. Meets third Tuesday of each month. Come to one, come to some, or all meetings.  | Room 134 | Ms. Thomas<br>pthomas@sau10.org  |
| Yearbook              | Tuesdays and most Thursdays beginning in November. 2:00-3:00 pm  | Room 242 | hwhitney@sau10.org   |
| Morning Homework Club | Do you need extra help with your homework? Do you need help with math? Come to the library   | Library  | Ms. Whitney<br>hwhitney@sau10.org                                      |

|                                 |   |  |  |
|---------------------------------|---|--|--|
|                                 | Tuesday through Friday mornings<br>6:30-7:00 am.                        |  |  |
| Fall Sports<br>August-October   | Field Hockey, Boys and Girls<br>Soccer,<br>Boys and Girls Cross Country |  | Athletic Director<br>Sheryl O'Connor<br>soconnor@sau10.org |
| Winter Sports<br>November-March | Spirit (Cheer), Boys and Girls<br>Basketball                            |  | Athletic Director<br>Sheryl O'Connor<br>soconnor@sau10.org |
| Spring Sports<br>April-June     | Softball, Baseball, Boys and Girls<br>Track,<br>Golf                    |  | Athletic Director<br>Sheryl O'Connor<br>soconnor@sau10.org |